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## Sandwiches & More

## FRESH BAKED PASTRIES

## Wraps & Bowls

### Bagel & Spread

**Choose:** cream cheese, hummus, avocado, peanut butter, vegan pesto cream cheese. 4.99

**Sandwiches served with Chips & Pickle  
Gluten Free Bagel OR Bread +1.95**

### Breakfast Bacon Bagel

Toasted bagel, handcrafted cream cheese, tillamook cheddar, 3 slices of bacon **OR** sausage and an over hard fried egg. 9.99 (not available after 11:30)

### Vegan Breakfast Sandwich

Plant based sausage, JUST vegan egg and Violife cheddar chez on a gluten free waffle with a dash of our gochujang vegan aioli 9.99 (contains soy, not available after 11:30)

### Ham & Chez on Sourdough

8 slices of ham, cheddar, lettuce, tomato, red onion on house baked sourdough bread with garlic aioli. 12.99

### Vegan Club Bagel

3 slices of Quality vegan bacon, Violife vegan provolone, real avocado spread, lettuce, roma tomatos & red onion. 13.99 **choose: pesto OR garlic aioli**

### Turkey Italian Bagel

House sliced turkey, salami, pepperoni, provolone, avocado spread, lettuce, tomato, red onion & pesto aioli. 13.99

### Avocado Caprese Bagel

Toasted bagel served open face, avocado spread, fresh mozzarella, pesto spread, roma tomatos a drizzle of dark balsamic & everything seasoning. 12.99 **Add 2 bacon +2.50**

### Hipster Bagel

Toasted bagel served open face on a bed of greens, avocado spread, hummus, sliced cucumber, tomato, watermelon radish, pickled red onion, hemp seeds, balsamic drizzle & micro greens. 12.99 **GF Bagel +1.75**

### Lox & Bagel\*

Toasted bagel served open face, wild caught salmon, cream cheese schmear with capers, dill, cucumbers and pickled red onion, microgreens & a twist of cracked pepper. 14.99

### Beach Buns ON ROTATION!

House baked hot pocket stuffed with a savory filling and panini pressed. **8.49**

- **Breakfast:** sausage, egg, and chez (Ask Vegan)
- **Original:** burger filling w/cheddar
- **Pizza:** pepperoni, sausage, and cheese
- **Wilbur:** Ham & Chez
- **Newporter:** burger, bacon, mushroom and swiss

### F.O.K. Burrito "Forks Over Knives"

The best vegan/plant based sausage, egg, cheese, we can find; tots, spinach, sweet red bells & red onion panini pressed served with salsa & vegan pico sour cream on the side. 12.99

### Ultra Burrito

The one that started it all, panini pressed tortilla filled with egg, cheese, potato, bacon, sausage, & light red bell peppers, spinach & onion. served with corn chips, salsa & sour cream. 12.99

**Wraps served with Chips & Pickle  
Make it a Gluten Free salad: No charge**

### Turkey BLT Salad Wrap

Turkey, bacon, shredded cheese, house salad mix, roma tomatos, red onion & carrot, wrapped in a garlic tortilla with a side of ranch dressing. 12.99

### Plant Based Salad Wrap

Grilled local tempeh, house salad mix, avocado, hummus, tomato, pickled red onion, carrots, cucumber & red bell pepper, wrapped in a garlic tortilla with a side of white balsamic. 12.99

### Chicken Caesar Salad Wrap

Seasoned chicken breast, parmesan cheese, house salad mix, roma tomatoes & cucumber, wrapped in a garlic tortilla with a side of caesar dressing. 12.99 **Add Bacon +2.50**

### Vegan "Chik'n" Salad Wrap

Plant based hand crafted "chicken" salad, tempeh, hummus, celery, green onion, mixed with vegan mayo, with our house salad mix wrapped in a garlic tortilla with a side of our house balsamic. 12.99

### Bomb Tuna Wrap

Indian inspired Newport caught tuna mix made with apples, slivered almonds, green onion & golden raisins wrapped inside a garlic tortilla with pickled red onions & house salad served with a side of curry aioli. 13.99

**Make any bowl vegan friendly  
w/vegan chix or tempeh NO CHARGE!**

### Aloha Teri Bowl

3 chicken skewers, rice, linguisa sausage, steamed broccoli, cabbage, carrots, pineapple, topped with sesame seeds & teriyaki aioli drizzle. 13.99

### Burrito Bowl

"Romans" shredded chicken, rice, cheese, black beans, corn, diced red bell pepper, red onion, cilantro, avocado scoop, sour cream & pico aioli drizzle. 13.99

### NW Poke Bowl

Wild caught tuna, rice, wakame seaweed, edamame, cucumber, carrots, radish, furikake sprinkle, ginger, wasabi & poke aioli drizzle. 14.99

### Banh Mi Bowl

3 chicken skewers, rice, cabbage mix, cucumber, daikon salad mix, green onion, cilantro, sesame seeds, & sweet thai aioli drizzle. 13.99

## Acai Bowls

**Substitute Chia OR Greek Yogurt NO Charge!  
peanut butter +1 almond butter +2**

### Classic Acai Bowl

2 scoops of Acai, fresh sliced strawberries, blueberries, banana, house granola, topped with coconut flakes, cacao nibs, chia seeds, & agave drizzle. 10.99

### Pacific Acai Bowl

2 scoops of Acai, topped with fresh blueberries, banana & local PNW Granola mix made with hazelnuts, cranberries and pumpkin seeds, topped with bee pollen & cinnamon honey drizzle. 10.99

NO MODS

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



Let us help you with your next event!  
catering@ultralifecafe.com

Located in Historic Nye Beach  
715 NW Beach Dr.  
Newport OR, 97365

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ultralifecafe.com

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# Drinks & Treats



## originals (16oz)

**16oz seasonal drink 5.50**

tons of different rotating lattes, mochas and teas! We follow the seasons so be sure to follow us!

**espresso shakes  7.75**

The original from 1997 that started it all. ice cream, espresso, and your favorite flavor!

**smoothies  6.75**

our smoothies are made with real frozen fruit, real cane syrup fruit puree, lactose free\* base and nonfat milk. Substitute alternative milk and vanilla protein powder to make it vegan +1

**tsunami energy  5.00**

real cane sugar based energy concentrate, made in the PNW by locals for locals. mixed with sparkling water and your favorite syrup

**protein shake  7.50**

orgain plant based protein powder, frozen fruit, real banana, alternative milk, 4 flavors to choose from!

**Coolers  5.50**

Tea or Lemonade mixed with fresh fruit or edible garnish and a pump of Immune booster with vitamins D, B3, elder berry and zinc!

## alternative milks \$1.25

Almond Coconut  
 Soy Oat

## ice cream

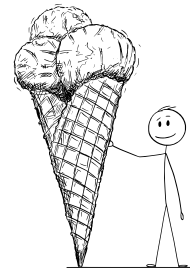
1 Scoop \$4



2 scoop \$5



3 scoop \$6



+ \$1 for Vegan/Dairy Free

+ \$1 for Gluten Free Cone

## cafe classics (16oz)

coffee or Tea	3.00
americano	4.00
cortado	3.25
latte	4.50
mocha	4.75
white mocha	5.00
cold brew	4.00
carmel machiato	5.00
flat white	4.75
kombucha	5.00
hot chocolate	4.00
lemonade	3.00

## matcha & tea (16oz)

<b>premium matcha 5.00</b>	organic, authentic high quality imported japanese matcha. try it with oat or hemp!
<b>tea 3.00</b>	organic, imported teas of the best quality. check our tea list on location. Hot or Iced, unsweet or flavored ask your barista for ideas!

## chai tea latte (16oz) 4.75

- ginger spice- from Tanglewood pdx
- tumeric thai- from Tanglewood pdx
- spiced chai- classic from big train
- Satawa Masala- traditional indian chai
- sugar free- an alternative with less sugar

## specialty floats (16oz) 7.75

- Kombucha Acai
- Cold Brew Carmel
- Ginger Spice Chai
- Rogue Root Beer



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